The Annual Open Enrollment period for the Hawaii Teamsters Health & Welfare Trust Fund is **July 1, 2019 through July 31, 2019, effective September 1, 2019**. If you wish to change plans, please visit, [www.teamsterstrustbenefits.com](http://www.teamsterstrustbenefits.com). You may also visit the Trust Fund Office, Benefit & Risk Management Services (BRMS) at 560 N. Nimitz Hwy., Suite 219, Honolulu, Hawaii 96817-5315, or our Satellite office (located in the Union Hall); or contact 842-0392; neighbor islands (866) 772-8989, for further assistance.

**Please note important changes:**

**Self-Funded HMO Plan will be replaced with Kaiser Permanente HMO Plan, effective September 1, 2019.** Your current PPO provider, UHA will remain unchanged.

Two (2) medical choices are available – **University Health Alliance (“UHA”) Plan 600** and the **Kaiser Permanente HMO Plan**. The UHA Plan 600 is a preferred provider or “freedom of choice” plan. You may receive services from the doctor of your choice and payments are based on a percentage of Eligible Charges. Under this plan, your out-of-pocket costs are usually lower when you receive services from a participating provider. The Kaiser Permanente Plan is an “HMO Plan.” You must receive services from a Kaiser Permanente doctor, and your co-payment is usually a fixed dollar amount. The plan will not pay for services from a non-Kaiser Permanente doctor, except when referred or if emergency care is required. Kaiser Permanente facilities include: Oahu, Big Island and Maui. For a complete listing of participating providers with the UHA Plan 600 or the Kaiser Permanente Plan please visit, [www.teamsterstrustbenefits.com](http://www.teamsterstrustbenefits.com).

**Dental Plans**

Two (2) choices are available – **Hawaii Dental Service (HDS)** and **Gentle Dental (formerly Dental Care Centers of Hawaii) Plan**. The HDS Plan offers you freedom to choose your own dentist. You may select from a network of over 96% of the dentists statewide. Payments are based on a percentage of eligible fees. Visiting an HDS Member Dentist will lower your out-of-pocket costs. National coverage is also available through Delta Dental Plans Association, the largest dental benefits provider in the nation. The Gentle Dental Plan is a “dental HMO” plan. You must receive services at one of the following HFDC clinics: GMS Dental and Healthy Smiles Family Dental. Your copayment is usually a fixed dollar amount. The Plan will not pay for services from a non-Gentle Dental dentist, except when referred or if emergency care is required.

A Summary of Benefits and Coverage for the medical plan(s) are enclosed along with a comparison sheet for the dental providers.

Benefit & Risk Management Services, Inc.
Trust Administrator
On behalf of the
Board of Trustees

Enclosures
June 2019