

December 2009

TO: All Active Participants and OTS Retirees and Spouses
Hawaii Teamsters Health & Welfare Trust

FROM: Board of Trustees

SUBJECT: Kaiser Drug Plan, Self-Payment Program, COBRA Program, and Vision Care Program

The Board of Trustees, at their meeting on November 6, 2009, adopted the following changes:

I. Kaiser Drug Plan

Effective January 1, 2010, the Drug benefit copayment increased from \$10 to \$12 for all actives and OTS retirees and spouses enrolled in a Kaiser drug plan.

II. Self-Payment Program

Effective March 1, 2010, if you choose to continue your benefits under the Self-Payment Program, the amount you will need to pay monthly is as follows:

Student Self-Payment Program

(Coverage includes medical and prescription drug benefits. Does not include 2% administration charge.)

	Effective 03/01/10	
	Single Only	
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Indemnity	\$259.72	
Kaiser	\$300.77	

Employee Self-Payment Program

(Coverage includes medical and prescription drug benefits. Does not include 2% administration charge.)

	Effective 03/01/10	
	Single	Family
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Indemnity	\$273.39	\$729.95
Kaiser	\$300.77	\$782.62

III. COBRA Program

Effective March 1, 2010, if you choose to continue your benefits under the COBRA Program, the amount you will need to pay monthly is as follows:

Actives

Core Coverage (includes medical and prescription drug benefits)

	Effective 03/01/10	
	Single	Family
Indemnity	\$278.86	\$744.55
Kaiser	\$306.79	\$798.27

Full Coverage (includes medical, prescription drug, dental, vision, and chiropractic benefits)

	Effective 03/01/10	
	Single	Family
Indemnity with HDS	\$309.38	\$823.44
Indemnity with Gentle Dental	\$302.05	\$803.88
Kaiser with HDS	\$337.30	\$877.16
Kaiser with Gentle Dental	\$329.98	\$857.61

Disabled Actives (from 19th to 29th month)

Full Coverage (includes medical, prescription drug, dental, vision, and chiropractic benefits)

	Effective 03/01/10	
	Single	Family
Indemnity with HDS	\$454.97	\$1,210.94
Indemnity with Gentle Dental	\$444.20	\$1,182.18
Kaiser with HDS	\$496.04	\$1,289.94
Kaiser with Gentle Dental	\$485.27	\$1,261.19

OTS Retirees under Age 65

Core Coverage (includes medical and prescription drug benefits)

	Effective 03/01/10	
	Single	Family
Indemnity	\$278.86	\$744.55
Kaiser	\$306.79	\$798.27

Full Coverage (includes medical, prescription drug and vision benefits)

	Effective 03/01/10	
	Single	Family
Indemnity	\$280.95	\$750.01
Kaiser	\$308.88	\$803.73

OTS Retirees Age 65 and over

Core Coverage (includes medical and prescription drug benefits)

	Effective 03/01/10 Per Individual
HMSA 65C Plus and EGWP	Pending
Kaiser	\$237.44

Full Coverage (includes medical, prescription drug and vision benefits)

	Effective 03/01/10 Per Individual
HMSA 65C Plus and EGWP	Pending
Kaiser	\$241.49

IV. Vision Care Program

A. New Providers

Effective January 1, 2010, the following vision care providers will be added as a participating provider under the vision care program. The name, address, telephone number, and type of services available for each provider are as follows:

Provider's Name & Address

Services Available

- | | |
|--|--|
| 1. Kathy Iida, O.D.
46-056 Kamehameha Hwy., Suite 1-6
Kaneohe, Hawaii 96744
Phone: (808) 236-2666 | Eye Examinations,
Eyeglasses, Contact
Lenses, & Therapeutic
Pharmaceutical Agents |
| 2. Christopher Sween, O.D.
4589 Kapolei Parkway
Kapolei, Hawaii 96707
Phone: (808) 674-3913 | Eye Examinations,
Eyeglasses, Contact
Lenses, & Therapeutic
Pharmaceutical Agents |

You are free to use any licensed care provider of your choice and receive the Trust's allowances for covered services and supplies. However, by receiving services and supplies from a participating provider, you limit your out-of-pocket costs for covered services. For a complete listing of participating vision care providers, please contact the Trust Fund Office.

REMINDER

All vision claims must be filed within 90 days from the date of service.

Should you have any questions regarding the above changes or need assistance with your coverage, please contact the Trust Fund Office at ____, or for neighbor islands, call toll free at ____.

HAWAII TEAMSTERS HEALTH & WELFARE FUND

PARTICIPATING VISION CARE PROVIDERS

Oahu

1. D.K. Abe Inc. dba Precision Vision
2. Calvin Alonzo, O.D., Inc.
3. Joyce H. Cassen, M.D.
4. Nancy Chen, M.D., Inc.
5. Stephen E. Clason, M.D.
6. K. Paul Chin, O.D.
7. Duane K.W. Ching, O.D.
8. CNS Optics Hawaii, Inc.,
dba Shades of California
9. Candido Jorge Cuan
dba CJ Creations Optique
10. Charles R. Dean, O.D.
11. Drs. Dewey W.K. & Taylor G.M.
12. DVV, Inc. dba Dream Vision Eye Care
13. Edwin Y. Endo, O.D.
14. Eye Plus, Inc.
15. Family Vision Care, Inc.
16. Fong Eyecare Center, LLC
17. The Eyeglass Shoppe
18. Dirk V. Fujii, Optometrist Inc.
19. Wendi N. Harada, O.D.
20. Roy K. Hirokawa, O.D.
21. David S. Hironaga, O.D.
22. Honolulu Vision Center, Inc.
23. Patricia K. Ichimura, O.D.
24. Kathy Iida, O.D.
25. JK Optical, Inc.
26. Kailua Optical
27. Kato + Shoji Optometrists
28. Melvin E. Kau, O.D.
29. Neal M. Kubo, O.D.
30. Drs. Kubo & Sato Optometrists, Inc.
31. Iris Y. Kuwabara, O.D.
32. Robert Lee, Jr., M.D. (eye exams only)
33. Seulyn Lee Au, O.D.
34. Timothy Lee, M.D., and
Layne Hashimoto, O.D.
35. Paul R. Lin, O.D., LLC
36. Samuel C. Lo, M.D., A Prof. Corp.
37. Lui, Lai and Associates
dba Mid Pacific Eyecare
38. Thomas H. Maeda, Jr., M.D.
39. Matsuyama & Matsuyama, O.D., Inc.
40. Michael A. McMann, M.D., LLC
dba McMann Eye Institute
41. Wayne N. Miwa, O.D.
42. Christine Murabayashi, O.D.
43. Ken Nagahiro, O.D.
44. Earle H. Nakagawa, O.D.
45. Todd Nakagawa, O.D.
46. Ralph Nakamoto, O.D.
47. Patrick H. Nam, O.D.
48. Pacific Eye Surgery Center, Inc.
49. Paradise Optical Company, LLC
50. George Plechaty, M.D.
51. Reid K. Saito, O.D., LLC
52. Scott M. Saki, O.D.
53. Stanley K. Sato, O.D.
(eye exams only)
54. Traci L. Schmalte, O.D., LLC
55. Seoul Optical
56. Robb T. Shibayama, O.D., Inc.
(eye exams only)
57. Glenn S.D. Shigezawa, O.D.
58. Styleeyes
59. Christopher Sween, O.D.
60. Sherilyne M. Tarumoto, O.D., Inc.
61. Brian M. Teruya, O.D. and Mark S.
Teruya, O.D.
62. Kevin K. Tsuda, O.D.
63. Michael D. Vanlangeveld & Associates
dba INSPECS
64. Vision Care Centers of Hawaii
65. Keith Yamamoto
dba A Yamamoto Optician
66. Eugene K.L. Young, O.D., Inc.
67. Carlton K. Yuen, MD.
dba Aloha Vision Consultants, LLC

Kauai

1. Robert K. Ancheta, Inc.
2. Eye Care Center of Kauai, Inc.
3. Dirk V. Fujii, Optometrist Inc.
4. Stan J. Schiller, O.D.

Maui

1. John J. Gillmore, O.D.

Hawaii

1. Big Island Optical, Inc.
2. Big Island Vision Center
3. Jay K. Honda, O.D. and Julie I. Honda,
O.D.
4. Optical Dispensers of Hilo, Inc.