

October 2013

**ANNUAL CHOICE OF MEDICAL/DENTAL PLANS  
AFL HOTEL & RESTAURANT WORKERS HEALTH &  
WELFARE TRUST**

**RETIREEES 65 AND OVER**

As a participant of the AFL Hotel & Restaurant Workers Health & Welfare Trust Fund, you may change your medical and/or dental plan during the Open Enrollment Period of November 1, 2013 through November 30, 2013, to be effective January 1, 2014.

For a comparison of benefits for each medical and/or dental provider, please contact your Trust Fund Office at (808) 523-0199, neighbor island participants contact 1-866-772-8989.

Please note that once you make a choice to switch medical and/or dental providers, you cannot change plans until the next Open Enrollment Period.

Sincerely,

TRUST FUND OFFICE

On Behalf of the Board of Trustees

AFL Hotel & Restaurant Workers Health & Welfare Trust