

**AFL Hotel & Restaurant Workers  
Health & Welfare Trust Fund  
Benefit and Risk Management Services**  
560 N. Nimitz Highway, Suite 209  
Honolulu, HI 96817-5315

December 2009

**TO: All Hotel and Kaiser Bargaining Unit Active and Retired Participants  
Covered under the Comprehensive Medical Plan**  
AFL Hotel & Restaurant Workers Health & Welfare Trust Fund

**FROM: Board of Trustees**

**SUBJECT: Comprehensive Medical Plan and Vision Care Program**

The Board of Trustees, at their meeting on October 29, 2009, adopted the following changes:

**I. Comprehensive Medical Plan**

In accordance with the Mental Health Parity and Addiction Equity Act of 2008, **effective January 1, 2010**, the following Comprehensive Medical Plan Mental Illness and Alcohol or Drug Dependence benefit limitations will change as follows:

- A. The maximum of 30 days per calendar year for hospital and facility services for mental illness and alcohol or drug dependence is removed. However, hospital and facility services for mental illness and alcohol or drug dependence shall count against the hospital inpatient services maximum of 365 days per calendar year for all covered services.
- B. The maximum of 30 inpatient visits per calendar year by a Psychiatrist, Psychologist, Clinical Social Worker, Licensed Mental Health Counselor or Marriage and Family Therapist for mental illness and alcohol or drug dependence is removed. However, an inpatient visit by a Psychiatrist, Psychologist, Clinical Social Worker, Licensed Mental Health Counselor or Marriage and Family Therapist for mental illness and alcohol or drug dependence shall count against the physician services maximum of one (1) visit per day for an inpatient admission.

- C. The maximum of 12 outpatient visits per calendar year by a Psychiatrist, Psychologist, Clinical Social Worker, Licensed Mental Health Counselor or Marriage and Family Therapist for mental illness and alcohol or drug dependence is removed, and there is no longer a limitation on outpatient visits per calendar year by a Psychiatrist, Psychologist, Clinical Social Worker, Licensed Mental Health Counselor or Marriage and Family Therapist for mental illness and alcohol or drug dependence.
- D. Each inpatient psychological testing session for mental illness and alcohol or drug dependence shall no longer count against the 30 inpatient visits per calendar year maximum, but shall count against the physician services maximum of one (1) visit per day for an inpatient admission.
- E. Each outpatient psychological testing session for mental illness and alcohol or drug dependence shall no longer count against the 21 outpatient visits per calendar year maximum, and there is no longer a limitation on the number of outpatient psychological testing sessions per calendar year.
- F. The maximum of 2 treatment episodes per lifetime for alcohol or drug dependence treatment is removed, and there is no longer a limitation on the number of treatment episodes per lifetime.

In addition, **effective January 1, 2010**, the Comprehensive Medical Plan no longer requires prior authorization for non-inpatient Mental Health/Substance Abuse Services. However, the Plan still requires prior authorization for all inpatient admissions, including those for Mental Health/Substance Abuse Services. Failure to obtain prior authorization may result in a reduction of benefits. To obtain prior authorization, you or your physician may contact the HMA Health Services Department at (808) 951-4621, or for neighbor islands, toll free at 1 (866) 377-3977.

The above revises the sections entitled, “**Authorizations and Requirements**” and “**Mental Illness and Alcohol or Drug Dependence Services**” of the Summary Plan Description (Hotel Bargaining Unit) dated March 2006 and of the Summary Plan Description (Kaiser Bargaining Unit) dated December 2005.

## II. **Vision Care Program**

### A. New Providers

**Effective December 1, 2009**, the following vision care providers will be added as a participating provider under the vision care program. The name, address, telephone number, and type of services available for each provider are as follows:

<u>Provider's Name &amp; Address</u>	<u>Services Available</u>
1. Alvin Fujimoto dba Eye Wear Kona, Inc. 75-167 Hualalai Road Kailua-Kona, Hawaii 96740-1714 Phone: (808) 329-9308	Eyeglasses & Contact Lenses
2. Kathy Iida, O.D. 46-056 Kamehameha Hwy., Suite 1-6 Kaneohe, Hawaii 96744 Phone: (808) 236-2666	Eye Examinations, Eyeglasses, Contact Lenses, & Therapeutic Pharmaceutical Agents

You are free to use any licensed care provider of your choice and receive the Trust's allowances for covered services and supplies. However, by receiving services and supplies from a participating provider, you limit your out-of-pocket costs for covered services. For a complete listing of participating vision care providers, please contact the Trust Fund Office.

**REMINDER**

*All vision claims must be filed within 90 days from the date of service.*

Should you have any questions regarding the above changes or need assistance with your coverage, please contact the Trust Fund Office at (808) 523-0199, or for neighbor islands, call toll free at (866) 772-8989.